

Blueberry & Banana Oat Pancakes

**1 cup quick oats
1 cup hot water**

Put oats and in bowl and pour hot water over the oats and let sit a couple minutes.

Add 1 egg.

Mix together: 1/4 cup unbleached or whole wheat flour, 1/4 tsp salt, 1 Tbs sweetener of choice and 2 tsp baking powder.

Add to the oat/egg mixture.

Cut up 2 ripe banana's add to the batter. Add 1/2 cup blueberries. Fold together.

Fry on a hot griddle.

Taste This!

**Howard County Farmers' Market
August 31, 2018**

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