



Vendor Spotlight July 28, 2017

Howard County Farmers' Market

Rebekah Fulton

Hi, my name is Rebekah Fulton. I am a 13 year old student at Yerger Middle School in Hope, Arkansas. I have lived my whole life on a farm with my parents, Allen and Janice Fulton.

We have a 3 acre homestead style farm. It may be small, but it has variety. We have had chickens, pigs, rabbits, a donkey, a horse, ducks, and geese. My parents grow mainly berries and fruit that my mom makes sweet spreads from. I help with planting, pruning, mulching, and picking . . . but my favorite job is taste tester for my mom's jams and jellies.

My family has been involved in farming in Southwest Arkansas for almost 100 years. I am the 4th of 5 generations on the farm. I have a grown brother, Wayne Scott, who lives in Tennessee and a sister, Tiffany Lewis, who lives in Hope with her family. We all learned the importance of growing and preserving our own food.

My mom is a vendor at HCFM - Jan's Jams and Jellies - and talked me into being a Junior Vendor. I sell my products under the name "Bekah's Basket". My products include paracord bracelets, loomed hot pads, mini muffins, mini bread loaves and jelly. I sometimes will have fresh berries, apples, pears, muscadines or pumpkins.

When I am not at market, I enjoy other activities in my community. I play clarinet in the Yerger Middle School Band, am a Girl Scout Cadet and am active in the youth group at the Hope Church of Christ. I enjoy the outdoors: camping, hiking, and fishing.

I feel that if you grow something; grow it with love and care. Always share with others from your garden or table . . . Friends, food and fun are the best of times!

The Farmer's Market is a great place to learn from others and to share the joy of homegrown foods and handmade crafts. Come visit us on Friday mornings from 7am until 11am. And remember to stop by my booth and pick up a free recipe of my homemade Zucchini Bread! This week you can try it first at the "Taste This" Table at the Market.

